



Welcome to the Suburban Outpatient Surgery Center, located on the second floor of the Suburban Outpatient Medical Center in Bethesda. Our goal is to make your surgical experience a pleasant one. This brochure provides important information that will help ensure a smooth process for your visit.

Before Your Surgery

Within a week of your surgery, a registered nurse from the Center will call you to obtain a medical history and give instructions specific to your surgery. For this phone interview, please have available information concerning your medical history and any medications that you take. At that time, we will advise you about what you can expect and what to bring on the day of surgery. You will also receive financial information about your insurance coverage for the procedure, your co-payment, and other required payments.

Your doctor will inform you of the required pre-surgical testing necessary for your procedure. If you are over 50 years of age, or if you have certain medical conditions, you will need to have an EKG done before the day of surgery. Please ask to have the results faxed to the Surgery Center. You will also need a history and physical completed prior to the day of surgery. In some situations, your doctor may require that you have blood tests completed.

On the Day of Surgery

- Do not eat or drink anything after midnight.
- Wear loose, comfortable clothing.
- Do not bring jewelry or other valuables to the Center.
- Bring your insurance card, a photo ID, and your co-payment.
- Bring any pertinent medical information.
- Take all cardiac, asthmatic and/or diabetic medications as ordered by your doctor with a small sip of water on the day of surgery.
- Arrive one hour prior to your scheduled surgery time.
- Have a responsible adult accompany you home on the day of surgery.



The Medical Center building opens at 6:30 am. Parking is available in the parking garage. There is a charge for parking.

Upon arrival at the Surgery Center, we will go through a brief check-in process and you will be accompanied to the pre-operative area by a registered nurse. Your family member or guest may wait with you in this area after the admission process. Your anesthesiologist will meet with you in the pre-op area to discuss your anesthesia. Your surgeon may also see you in this area before your surgery. Your operating room nurse will then greet you and walk you into the operating room. If your driver is unable to wait the entire time, we can make arrangements to contact that person with a time to pick you up.



After Your Surgery

After your surgery, your family member or guest can join you in the second stage recovery area while you are receiving your post-operative instructions. If your doctor gives you a prescription for medication to take after surgery, there is a pharmacy located in the lobby of our building for your convenience. A staff member will accompany you and your family member to your car after discharge. A responsible adult must accompany you home after surgery, as you will not be able to take a taxi or drive yourself home after having anesthesia.

At Home

When you leave the surgery center, you will be ready to complete your recovery at home. Please be sure that someone will be staying with you to care for you immediately after your surgery. A nurse from the Surgery Center will call you the next business day after your surgery to see if you have any questions. Should you have any problems the evening or night of surgery, please be sure to call your doctor's office or answering service.

Billing Information

To ensure proper billing and prompt payment, please submit complete insurance information for all

insurance plans including Medicare and Medicaid. If this information is not given at the time of service, the bill will be the responsibility of the patient/guarantor.

Charges not covered by insurance are the responsibility of the patient/guarantor or his/her representative. A co-payment is required upon admission. All plastic/cosmetic procedure charges are due at the time of admission. For your convenience, we accept Visa, MasterCard and American Express.

The Suburban Outpatient Surgery Center will bill directly to your health insurance carrier. You will receive a notice that your claim has been billed, along with a copy of your summary charges.

Billing for Other Professional Services

In addition to your surgery Center bill, you will also receive separate bills for services provided by physicians and other healthcare professionals. These may include:

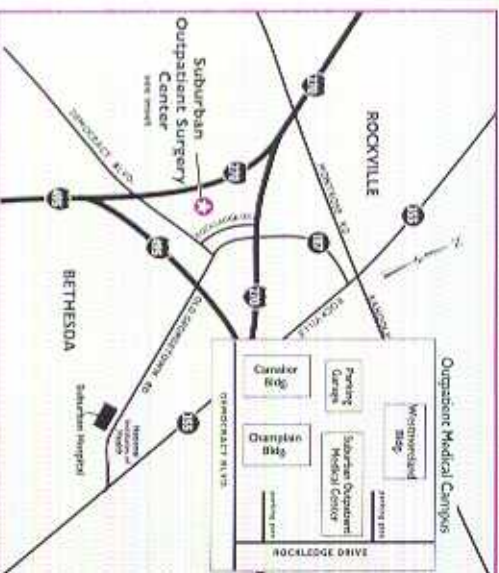
Your Physician's Office

First Colony Anesthesia Associates
240-364-2500

GCM/Suburban Imaging (radiology)
301-897-5656

Suburban Pathology/Lab
240-364-2462

Other Laboratories as indicated by your Managed Care Organization



The Suburban Outpatient Surgery Center is easily accessible from I-270 (Democracy Blvd East, Rockledge Dr., or Old Georgetown Rd exits). From Democracy Blvd, go left on Rockledge Dr. From Old Georgetown Rd., turn right onto Democracy Blvd., and then right onto Rockledge. The medical campus will be on your left. From I-495W, take Exit 36 Old Georgetown Rd. Bear right onto Old Georgetown, left onto Democracy, and right onto Rockledge. From Bethesda and Northwest DC, follow Old Georgetown Rd., and the directions above.

How to Contact Us:

301-896-6700 (phone)
301-896-6850 (fax)

Suburban Outpatient Surgery Center

At the Suburban Outpatient
Medical Center



SUBURBAN HOSPITAL
Healthcare System



SUBURBAN
Outpatient Surgery Center

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